

Relationships and Health Education at Radlett Prep School

RHE (Relationships and Health Education) focuses on learning about the emotional, social and physical aspects of growing up. It helps children develop healthy relationships with others and equips them with the skills to get help should they need it. RHE also plays a very important part in fulfilling the statutory duties all schools must meet.

Using the Jigsaw scheme of work, we aim to deliver a fully comprehensive programme of RHE, providing anatomically accurate information about the body, reproduction, sex, and sexual health at an age-appropriate level.

Schools have the responsibility for safeguarding their pupils and a legal duty to promote pupil well-being (Education and Inspections Act 2006 Section 38). PSHE is already compulsory to meet the Independent School Standards as set out in the Education (Independent School Standards) Regulations 2014. Radlett Prep School uses the principles in the guidance on Health Education to ensure an age-appropriate curriculum is taught.